## **LUNCH MENU**

## 11.30 am - 4.00 pm

i remember...

...the rain in the fields...the bringing in of the harvest...the winter work on the threshing machine...the sound of the mill, which was in operation day and night almost all year round...the women baking bread in the village oven... the winter home butchery with the good homemade sausages...the cosy chats of the men when delivering the milk to the village dairy...

composer & homesick vazer luzi bergamin 1901-1988

welcome to

...simply enjoy...simply be...



	HOMEMADE SOUPS	sfr.
	Grisons barley soup, cream / pear bread	14.0
L	Red thai lentil coconut soup, (spicy) chicken or shrimps / coriander (also available vegetarian or vegan)	18.0 16.0
L	Grandma's soup pot, consommé / vegetables / boiled meat	15.0
	SALADS	
. / G / <b>∛</b>	Small green salad, dressing of your choice	12.0
. / G, / <b>∛</b>	Small mixed salad, dressing of your choice	13.5
V	Small tomato-mozzarella-salad, basil / focaccia / garnish	16.0
G	Sausage & cheese salad, (swiss cervelat)	22.0
L	Caesar salad, "classic" bacon / croutons / grana padano	23.0
L	Caesar salad, with chicken stripes	26.0
L	Caesar salad, with shrimps	28.0
	COLD GRISON SPECIALITIES	
	<b>Tgantieni plate</b> salsiz / grison dried meat / raw ham / raw bacon / mountain cheese / röteli	27.0
Ŋ	Heidner mountain cheese pear bread / walnuts / butter / fig mustard	16.5
L	House salsiz in one piece / served on the wooden slicer	12.5

dishes marked with are vegetarian dishes marked with G are glutenfree dishes marked with L are lactose free

	MOUNTAIN HUT FUN	sfr.
G	<b>Tgantieni-Roesti, "the traditional",</b> bacon / cheese / fried egg	24.0
G/ <b>∛</b>	<b>Marola-Roesti</b> , red onions / pesto / olives / grana padano / fresh & dried tomatoes	26.0
	<b>Grison capuns</b> , mangold wrap / dumpling-dough / grison dried meat / ham / belper tuber	25.0
¥	<b>Pizzoccheri alla Tgantieni</b> , leek / onions / sage / garlic / fresh & dried tomatoes / mountain cheese	27.0
G	<b>Spare ribs</b> , french fries / salad / BBQ sauce	32.0
V	Grison polenta alla chef tomatoes / rocket / grana padano / sour cream	27.0
	CHEF'S RECOMMENDATIONS	
	CITEL 3 RECOMMENDATIONS	
	<b>Tgantieni pan</b> , beef fillet stripes medium / cognac cream sauce / forest mushrooms / spaetz	<b>41.0</b> le
G	Tgantieni pan, beef fillet stripes medium /	
	Tgantieni pan, beef fillet stripes medium / cognac cream sauce / forest mushrooms / spaetz Chop of alpine pork,	le
	Tgantieni pan, beef fillet stripes medium / cognac cream sauce / forest mushrooms / spaetz Chop of alpine pork, butter beans / french fries / herb butter	33.0 38.0 30.0
	Tgantieni pan, beef fillet stripes medium / cognac cream sauce / forest mushrooms / spaetz  Chop of alpine pork, butter beans / french fries / herb butter  Sliced veal liver, onions / herbs / roesti  Red thai chicken curry, chicken stripes / basmati rice / vegetables / corian	33.0 38.0 30.0
	Tgantieni pan, beef fillet stripes medium / cognac cream sauce / forest mushrooms / spaetz  Chop of alpine pork, butter beans / french fries / herb butter  Sliced veal liver, onions / herbs / roesti  Red thai chicken curry, chicken stripes / basmati rice / vegetables / corian (also available vegetarian / vegan   Spaghetti carbonara alla chef,	33.0 38.0 30.0 adei

## **FITNESS PLATE**

L/G ₩ G G G	Large colorful mixed salad, fruits / walnuts / sunflower seeds / french- or housedressing & your choice of: - 140g chicken breast (pan fried in olive oil) - 150g Tournedos of fillet of beef - 200g Chop of Alpine pork	25.0 40.0 33.0
	ALWAYS FITS	
L	Breaded schnitzel, with french fries	25.0
L / G <sub>,</sub> / <del>∛</del>	French fries, with ketchup	10.0
	FOR OUR LITTLE TALENTS (Kid's Plate)	
L/G	Pluto, 1 wienerli-sausage / fries / ketchup	13.0
V	Daisy, spaghetti / tomatosauce	12.5
L	Mickey Mouse, 4 nuggets / fries / ketchup	14.0
L / <b>∛</b>	Globi, homemade cheese spaetzle	13.0
L/G/ <b>∛</b>	<b>Donald Duck,</b> roesti / fried egg	13.0
L/G/\documents	Dagobert, small mixed salad	6.5

## **GOOD TO KNOW**

our staff will be pleased to inform you about ingredients in our dishes that can trigger allergies or intolerances meat declaration type & origin:

> veal: from own agriculture, CH beef: from own agriculture, CH, UY, PY fish, shrimps: NO, VN, NL baked goods, bread: CH, AT chicken, pork: CH